



**ELMS**  
**DIGESTIVE**

## Instructions for your Upper Endoscopy

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*Your Dr. has ordered an Upper Endoscopy, also known as esophagogastroduodenoscopy (EGD). An EGD is a specialized examination of the upper gastrointestinal tract. EGD involves the passing of a lighted tube, called an endoscope, through the mouth and into the stomach. The first portion of the small intestine, known as the duodenum, is also inspected during the EGD. Upper endoscopy is a useful exam to diagnose hiatal hernia, peptic ulcer, gastric infections, gastric cancer and acid reflux disorders.*

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*So that you and your doctor can be fully prepared for your procedure, please follow these instructions accordingly:*

Your EGD has been scheduled for: \_\_\_\_\_ Please arrive at this time: \_\_\_\_\_

**\*\*Absolutely NO food or liquids 7 hours prior to your procedure\*\***

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### *Medications Instructions*

TAKE your **Heart, Blood Pressure, Asthma/Emphysema/COPD** and **Seizure** medications with a **small sip** of water the morning of your procedure.\*

**\*\*HOLD all Diabetic** medication until after your exam.

**\*\*Your regular respiratory inhalers** should be used before arriving and please *bring them with you. You may also take anxiety and pain medications as needed.*

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#### *The Procedure:*

Once you have registered, the nursing staff will start an IV line in your arm. Next, sedation will be administered. Once you are sedated, the procedure will begin. The exam is usually complete in 15-20 minutes or less with a 15 minute recovery period.

#### *Complications:*

Complications are very rare during an EGD. Sometimes the throat can remain sore for up to 4 hours following the procedure. Perforation of the esophagus or stomach is extremely rare.

#### *Post Procedure:*

The doctor will discuss the findings with your family. If needed, a follow-up visit with your doctor will be scheduled. Your results may be mailed to you or discussed at your next office visit.

#### ***Please Remember:***

\*Because you will be sedated, you will need to have someone come with you, and drive you home after the procedure. Please limit your ride to one person. It is required that your ride stay in the waiting room during the entire procedure.

\*Please remove and leave all personal belongings and jewelry at home, including body-piercing jewelry. Elms Endoscopy Center will not be held responsible for lost personal belongings and jewelry.

\*You will receive a confirmation call two days prior to your procedure. If we are unable to reach you, it is your responsibility to call 843-797-6800 ext. 146 to confirm. Your procedure may be canceled if you do not confirm.

**\*Please Note:** Non emergent cancellations less than 48 hours prior to your procedure and no-shows will be charged a \$75.00 fee that must be paid prior to rescheduling. For additional information, please visit our website: [www.elmsdigestive.com](http://www.elmsdigestive.com)